

# Be ready to help when disaster strikes

Are you prepared for a disaster?

Is your neighborhood prepared for a disaster?

Is your community prepared for a disaster?



## Join your local community's Community Emergency Response Team (CERT)

**We can't predict the next disaster in our community, but we can prepare for it!**

The CERT program teaches participants how to provide basic emergency response services after a disaster. CERT Teams are trained to assist with critical needs in their neighborhood or workplace when first responders are overwhelmed.

### Here's what you'll learn:

#### Disaster Preparedness

- The earthquake and other threats we face
- Workplace/Personal and Family Preparedness
- Incident Command System (ICS) & Developing a Response Team

#### Fire Safety & Organization

- Fire Chemistry/Fire Extinguisher Use/ Creative Firefighting Techniques
- Utility Control
- Hazardous Materials Awareness

#### Light Search & Rescue

- Search Techniques & Rescue Methods

#### Disaster Medical Operations

- Recognizing and Treating Life Threatening Injuries
- Triage (Systematic treatment of multiple victims)
- Treatment Area Management

#### Disaster Psychology & Terrorism

- Disaster Psychology (Emotional First Aid for Victims and CERT)
- Terrorism Awareness – Homeland Security



For more information, please contact:

Saratoga CERT  
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Training provided by:

Santa Clara County Fire Department  
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